Reflection as a Process; Its' Place and Potential in Management Systems Education

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Abstract
This Systems Chat offers encouragement for the increased inclusion of reflection in Management Systems education, in keeping with the use of reflection in practice. It will show that good reflective process is fundamental to both learning and to good Management Systems practice. Beyond this several questions will be considered:

• What is reflection anyway?
• What frameworks exist for it?
• How can we develop reflective skills?
• What benefits can we anticipate?

The Chat will draw on our own experiences along with those of educators and practitioners from a range of professions in seeking to answer these questions.

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